



"Three Great Clubs—One Great Price"

Broadwater ATHLETIC CLUBS

Broadwater Athletic Club & Hot Springs
4920 Hwy 12 W
443-5777

Broadwater's Life Fitness Center
607 N. Lamborn
443-6045

Broadwater's Downtown Athletic Club
316 N. Last Chance Gulch
443-8348

Newsletter

July 2004

Broadwater Olympics – Monday, July 19th - Thursday, August 26th



We are going to have some fun this summer!!!

The Broadwater Olympics: You, yes YOU, get to participate in the Broadwater Olympics! On Monday, July 19th you will be able to get your Olympic card at the Front Desk at any Club. Complete Broadwater Olympic activities and earn points towards a Gold, Silver or Bronze Medal! Prizes will be awarded at the Closing Ceremonies on Thursday, August 26th. Earn points by doing Olympic activities at each of the Clubs, like going to a Spinning class at the DAC, Climbing *The Rock* at the BAC or using the Upper Body Ergometer at the LFC! You'll have five weeks to check out the Three Great Clubs, workout and have fun! You could win an overnight stay in Yellowstone, dinner, a mountain bike, T-shirts, or one of any number of great prizes!

Closing Ceremony and Party: Set aside this date: Thursday, August 26th! We will be having the Closing Ceremonies for the first Broadwater Olympics at the Westside Club! Join us for food and fun! We'll have more activities for everyone! Have you ever done a potato race? Or a suitcase relay? Come join us for the excitement! There will be food and fun for everyone.



Torch Relay: To start out the day, there will be a "Torch" Relay from the Life Fitness Center on Lamborn, through the Downtown Athletic Club on Last Chance Gulch and out to the Broadwater Athletic Club and Hot Springs on Highway 12 West. The "Torch" will be symbolic (no actual flame). If you want to participate in the Torch Relay, please contact Mike Taylor or Mark Nay. Segments will be short, this would be great for families or small groups! Torch Relay participants will be asked to make a cash donation to the Special Olympics.



Special Olympics: Throughout this exciting event we will be collecting donations for the Special Olympics! Special Olympics provides year-round sports training and athletic competition to more than 1 million people with intellectual disabilities in more than 150 countries. Participants in the Closing Ceremonies will be given opportunities to donate to this worthy organization while spending time having fun with family and friends!



Let me win.
But if I cannot win,
let me be brave in the attempt.
Special Olympic Athlete Oath

Please Shower Before Entering Pools

This is just a reminder to all our members to shower before getting into the pools. This is especially important if you have just worked out. Sweat and body oils that end up in the pool waters can cause us to have to increase the chemicals in the pools necessary to maintain clean water. Help us keep the chemicals to a minimum by showering before getting into the pools. This is necessary for kids as well.

Swim Lessons

There are still openings for Swim Lessons. There are multiple sessions planned for the summer and openings exist in many classes. Get your kids signed up now!

If the class you want is full, private lessons are also available. Check with the Front Desk at the BAC. The schedule is available at the BAC or online at theBroadwater.com.

Friendship is a horizon which expands whenever we approach it.
--~F R Hazlin

Membership Cards

Please remember to bring your membership card every time you come to the Club. Just scan your card and go! Members without their card will have to wait until they can be manually checked in. It is important to get every member properly checked into each club. This is how we verify current status, so that those who aren't paying aren't getting to use *your* club for free!